



**North Lakeland**  
SCHOOL DISTRICT

## NORTH LAKELAND COMMUNITY EDUCATION 2025 SUMMER CLASS OFFERINGS

### **INTRODUCTION TO MOUNTAIN BIKING AT WINMAN**

**Description:** Ready to hit the trails? Our Intro to Mountain Biking class is the perfect starting point! Learn essential skills and concepts with coach Val Foley in a supportive and beginner friendly environment. Discover the thrill of mountain biking at WinMan, experience some of its fantastic trails, and build confidence while meeting a few local riders. Participants must have a bike and helmet to participate. Rivers Edge is offering a special rental rate to anyone taking the class that needs a mountain bike (and helmet) and they will transport the bikes to/from WinMan for the class. Call to book your rental! [www.RiversEdgeMW.com](http://www.RiversEdgeMW.com) Ph. 715-204-9443.

Dates: June 18, July 9, August 6. Wednesdays.  
Time: 5:00 p.m. ~ 7:00 p.m.  
Location: WinMan Trails. 6870 Hwy W ~ Winchester, WI 54557  
Cost: \$15 per session  
Class maximum: 10  
Instructor: Val Foley



### **PSYCHO-AESTHETICS: ART AND NATURE**

**Description:** Art is definitional of what it is to be human. Our ability to appreciate or make art hinges on personal characteristics and cultural preferences. In this experiential course, we will explore some important perceptual and cognitive foundations that give rise to aesthetic preferences, and in particular, our diverse interpretations and renditions of "nature" as "art". This class will take place outside on the North Lakeland trail system with nature as our classroom.

Dates: June 26, July 10, July 31, August 14. Thursdays.  
Time: 10:00 a.m. ~ 12:00 p.m.  
Location: North Lakeland School Trails (tennis courts)  
Cost: \$10 per session  
Class maximum: 20  
Instructor: George Consea, Ph.D



### **BEGINNER AND INTERMEDIATE PICKLEBALL PLAY**

**Description:** Come play and learn the fundamentals of this popular sport with a local guru, as she will teach you the rules, fundamentals, and fun associated with pickleball! This is a great way to experience the sport in a stress-free and fun environment with hands-on learning in a small setting. This class will include varying beginner to intermediate play. Paddles and balls will also be available ~ just bring yourself and a good mind "set"!

Dates: June 24, July 15, July 29, August 12. Tuesdays.  
Time: 10:00 a.m. ~ 12:00 p.m.  
Location: North Lakeland School tennis courts  
Cost: \$10 per session  
Class maximum: 15  
Instructor: Angela Stern



### **COMMUNITY EDUCATION**



### **LIGHTED SCHOOLHOUSE**

Community Education classes are set up for adults, kids, and families looking to try something new, or advance their skill sets. Everyone learns differently, and that reflects this program. Classes are always intimate, and taught by local people with a local touch. They are meant to offer individuals learning opportunities without long term commitments or monetary investments. Stressors are always respected in our program, to make lifelong learning fun and worry free! Our Lighted Schoolhouse program parallels the Community Education program, and continues to provide opportunities to students; many of which get their first start in after school programming! If you would like get involved in enhancing the lives of our students and communities, feel free to reach out!

### **NORTH LAKELAND IS ALWAYS LOOKING FOR PEOPLE TO TEACH CLASSES**

We are always looking for people like you to teach a class. Anyone with a passionate interest in anything can teach a Community Education class ~ without a college degree or a teaching license! These classes cannot happen without your outreach to teach. North Lakeland is always seeking local individuals as well as any referrals you may have year-round. Email or call Matt Pritzl with any class idea you may have.

**To register or inquire about any of these classes  
email Mr. Matt Pritzl at [mpritzl@nles.us](mailto:mpritzl@nles.us)**

715-543-8417 ext. 322 [www.northlakelandschool.com](http://www.northlakelandschool.com)

SCAN HERE



**\*ALL CLASSES WILL BE HELD OUTSIDE DUE TO CONSTRUCTION AT NORTH LAKELAND SCHOOL. TO ACCESS CLASSES AT NORTH LAKELAND SCHOOL, USE THE HOCKEY RINK DRIVEWAY OFF OF COUNTY HIGHWAY P (FIRE NUMBER 6471). PARKING IS AVAILABLE AT THE HOCKEY HUT OR NEAR THE TENNIS COURTS (DO NOT PARK IN FRONT OF THE DUMPSTERS).**

### **VIEW CLASSES AND REGISTER ONLINE**

While typically seasonally related, our program will always continue to add classes as soon as they become available. Be on the lookout for this, your seasonal mailer that will include a class schedule. You will also be able to continuously view newly added courses, and register on the school website under the Community Education ~ online registration form. Lack of registration will result in classes being needlessly cancelled. Feel free to email or call the contact information listed with any questions you may have. We look forward to seeing you, and will continue to uphold our communities "Northwoods Narrative".